



04 Health procedures

04.5 Children who are unwell

- If a child appears unwell during the day, for example has a raised temperature, sickness, diarrhoea, or pains, particularly in the head or stomach, then we will call the parent and ask them to collect the child or send a known carer to collect on their behalf.
- If a child has a raised temperature, they are kept cool by removing top clothing and kept away from draughts.
- A child's temperature is taken and checked regularly, using an ear or forehead thermometer.
- In an emergency an ambulance is called, and parents are informed.
- Parents are advised to seek medical advice before returning to the setting; the setting can refuse admittance to children who have a raised temperature, sickness and diarrhoea, or a contagious infection or disease.
- Where children have been prescribed antibiotics for an infectious illness or complaint, parents are asked to keep them at home for 48 hours.
- After diarrhoea or vomiting, parents are asked to keep children home for 48 hours following the last episode.
- Some activities such as sand and water-play and self-serve snack will be suspended for the duration of any outbreak.
- The setting has information about excludable diseases and exclusion times.
- The setting manager notifies their line manager if there is an outbreak of an infection (affects more than 3-4 children) and keeps a record of the numbers and duration of each event.
- The setting manager has a list of notifiable diseases and contacts Public Health England (PHE) and Ofsted in the event of an outbreak.
- If staff suspect that a child who falls ill whilst in their care is suffering from a serious disease that may have been contracted abroad such as Ebola, immediate medical assessment is required. The setting manager or deputy calls NHS111 and informs parents.

HIV/AIDS procedure

HIV virus, like other viruses such as Hepatitis, (A, B and C), are spread through body fluids. Hygiene precautions for dealing with body fluids are the same for all children and adults.

- Single use vinyl gloves and aprons are worn when changing children's nappies, pants and clothing that are soiled with blood, urine, faeces, or vomit.
- Protective rubber gloves are used for cleaning.
- Soiled clothing is bagged for parents to collect.
- Spills of blood, urine, faeces, or vomit are cleared using mild disinfectant solution and paper towels and are disposed of in the nappy bin.
- Tables and other furniture or toys affected by blood, urine, faeces, or vomit are cleaned thoroughly using disinfectant.
- Baby mouthing toys are kept clean and plastic toys cleaned in sterilising solution regularly.

Nits and head lice

- Nits and head lice are not an excludable condition; although in exceptional cases parents may be asked to keep the child away from the setting until the infestation has cleared.
- On identifying cases of head lice, all parents are informed and asked to treat their child and all the family, using current recommended treatments methods.

****Paracetamol based medicines (e.g., Calpol)**

We cannot accept non-prescription medicine from parents to hold on a 'just in case' basis unless it has been prescribed by a doctor for a diagnosed physical complaint, such as for mild pain relief when recovering from a broken arm/wrist, etc.

We also do not keep this type of medicine on the premises ourselves, as we are not allowed to 'prescribe'. Such medicine should also never be used to reduce a temperature so that a child can stay in the care of the setting for a normal day, as a temperature could be a sign of a contagious infection.

Whilst the brand name Calpol is referenced, there are other products which are paracetamol or Ibuprofen based pain and fever relief such as Nurofen for children over 3 months.

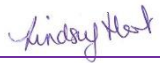
Further guidance

Good Practice in Early Years Infection Control (Pre-school Learning Alliance 2009)

Medication Administration Record (Early Years Alliance 2019)

Guidance on infection control in schools and other childcare settings (Public Health Agency)

https://www.publichealth.hscni.net/sites/default/files/Guidance_on_infection_control_in%20schools_poster.pdf

This policy was adopted by:	Peeples Childcare
On: *	November 2021
Updated:	November 2021
Signed on behalf of the provider:	
Name of signatory:	Lindsey Hart
Role of signatory (e.g. chair, director or owner):	Early Education and Childcare Manager

** This policy was adopted in November 2021 and will be reviewed annually and updated if appropriate. A signed copy is kept on site.*